



Modified Level 1 Sequence

Lesson Number	Lesson Topic	Delivery	Objectives
1	Pre-Game Show	Classroom	<ul style="list-style-type: none"> • Explain the goal of the curriculum • List agreements for classroom discussion • Explain the purpose for keeping a journal during the program
2	Keeping It Real...Among Friends	Classroom	<ul style="list-style-type: none"> • List the qualities of real friendships • List the qualities that are personally important in friendships • Demonstrate the ability to evaluate friendships
3	Keeping It Real...Among Friends	Computer	<ul style="list-style-type: none"> • Demonstrate the ability to evaluate friendships • Feel confident in the ability to have healthy friendships • Recognize that peers can have healthy friendships • Resist social pressure to have an unhealthy friendship
4	It's Your Game... Playing By Your Rules	Classroom	<ul style="list-style-type: none"> • Describe the 3 steps necessary for playing by your rules (SELECT, DETECT, PROTECT) • Define the meaning of a "personal rule" • Identify situations that may challenge personal rules • Identify actions to help stick with personal rules • Establish their own personal rules
5	It's Your Game... Playing By Your Rules	Computer	<ul style="list-style-type: none"> • Describe what a personal rule is • Detect situations that may challenge personal rules
6	Protecting Your Rules...A Clear NO	Classroom	<ul style="list-style-type: none"> • Describe the 3 steps for playing by your rules (SELECT, DETECT, PROTECT) • List characteristics of a clear NO statement • Distinguish between ineffective and effective approaches to using clear NO statements • Use clear NO statements effectively
7	Protecting Your Rules... Alternative Actions	Classroom	<ul style="list-style-type: none"> • List ways to protect your rules: Clear NO and Alternative Actions • Demonstrate how to use alternative actions in different situations • Distinguish between ineffective and effective ways to use alternative actions • Personalize ways to use clear NO and

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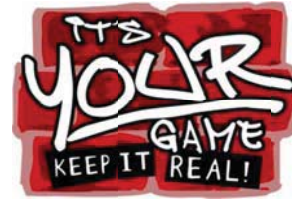
Modified Curriculum Scope and Sequence

			alternative actions
8	Know your Body	Computer	<ul style="list-style-type: none"> Describe changes in male and female anatomy and physiology during puberty Identify the parts of the male and female reproductive systems and understand the function of each of these parts. Define sex and understand the physical consequences of having sex (pregnancy, HIV, other STIs) Describe menstruation and sperm production and identify its relationship to reproduction.
9	Keeping It Real...For Yourself	Classroom	<ul style="list-style-type: none"> State the emotional, physical and social consequences of having sex and not having sex Realize that most teens their age are not having sex Personalize reasons for not having sex
10	Playing By Your Rules... Regarding Sex	Computer	<ul style="list-style-type: none"> Review the steps necessary to play by their rules: SELECT, DETECT, PROTECT Identify the social, emotional and physical consequences of having sex Identify reasons for choosing to wait to have sex Understand the different ways to reduce the risk of getting pregnant, HIV or other STI
11	Protecting Your Rules... Regarding Sex	Classroom	<ul style="list-style-type: none"> Review the three steps necessary to play by your rules (SELECT, DETECT, PROTECT) Review characteristics of refusal skills (clear no and alternative actions) Identify signs that may challenge the rules students set regarding sex (DETECT) Demonstrate ability to use refusal skills to help protect your rules regarding sex (PROTECT)
12 Formerly Lesson 2 Level 2	Keeping It Real... Consequences of Pregnancy	Classroom	<ul style="list-style-type: none"> Recognize the risk of getting pregnant Identify the social, emotional and physical consequences of getting pregnant Describe the impact of pregnancy on a teen's life and future State that using a condom and another contraceptive method will help reduce the risk of getting pregnant State the only 100% effective way not to get pregnant is by choosing not to have sex
13 Formerly Lesson 3 Level 2	Keeping It Real... Consequences of HIV, STIs and pregnancy	Computer	<ul style="list-style-type: none"> Examine the impact HIV and other STIs may have on their lives and future Describe HIV and a person's risk of being infected with HIV if they choose to have or not have sex Explain the physical, social, and emotional consequences of being infected with HIV or other STIs Recognize the importance of seeing a healthcare provider and getting tested for

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			HIV, other STIs and pregnancy if they have been sexually active
14 Formerly Lesson 4 Level 2	Keeping It Real... About Sexually Transmitted Infections	Classroom	<ul style="list-style-type: none"> Describe the types, modes of transmission, and symptoms of sexually transmitted infections Identify the social, emotional and physical consequences of getting a sexually transmitted infection Recognize that the best way for teens to avoid getting a sexually transmitted infection is not to have sex Recognize the importance of seeing a healthcare provider and getting tested for HIV, other STIs and pregnancy, if they have been sexually active
15 Formerly Lesson 5 Level 2	Keeping It Real... Risk Reduction Strategies	Computer	<ul style="list-style-type: none"> State that abstinence is the only 100% effective way to avoid HIV, other STIs and pregnancy Describe the importance of using condoms to reduce the risk of getting HIV, other STIs or becoming pregnant, if having sex Identify the correct steps for condom use Describe different contraceptive methods and their failure rates
16 Formerly Lesson 6 Level 2	Playing By Your Rules...A Review	Classroom	<ul style="list-style-type: none"> Identify personal rules related to sexual behavior Identify challenges to their personal rules about sex (DETECT) List ways to protect your rules: Clear NO and Alternative Actions Demonstrate how to PROTECT (Clear No, Alternative Action) their personal rules about sex in different situations Select their own personal rules about sex
17 Formerly Lesson 7 Level 2	Playing By Your Rules...A Review	Computer	<ul style="list-style-type: none"> Identify personal rules related to sexual behavior DETECT risky situations that challenge personal rules Demonstrate how to use a clear no and alternative actions in different situations
18 Formerly Lesson 12 Level 1	Post Game Show	Classroom	<ul style="list-style-type: none"> Describe what they have learned from the program Describe how they will use what they have learned in the future



Modified Level 2 Sequence

Lesson Number	Lesson Topic	Delivery	Objectives
1	Pre-Game Show	Classroom	<ul style="list-style-type: none"> • Explain the goal of the curriculum • Get comfortable with other students in class • List agreements for classroom discussion • Explain the purpose for keeping a journal during the program
2 Formerly Lesson 8 Level 2	Keeping It Real... Healthy Relationships	Classroom	<ul style="list-style-type: none"> • List characteristics of healthy and unhealthy dating relationships • Evaluate dating relationships as healthy or unhealthy • Identify their own expectations for dating relationships
3 Formerly Lesson 9 Level 2	Keeping It Real... Healthy Relationships	Computer	<ul style="list-style-type: none"> • Demonstrate the ability to evaluate dating relationships • Recognize that teens their age can be in healthy dating relationships • Recognize the importance of respecting other people's rules in dating relationships • Resist pressure to have an unhealthy dating relationship
4 Formerly Lesson 10 Level 2	Playing By Your Rules... Regarding Sex	Classroom	<ul style="list-style-type: none"> • Review the steps necessary to play by your rules: DETECT, PROTECT • Respond to pressure lines using refusal skills (clear NO and alternative actions) • Demonstrate effective use of refusal skills in role plays
5 Formerly Lesson 11 Level 2	It's Your Game...Free Time	Computer	<ul style="list-style-type: none"> • Review past computer program activities • Describe what they have learned from the computer activities
6 Formerly Lesson 12 Level 2	Post Game Show	Classroom	<ul style="list-style-type: none"> • Describe what they learned from the program • Describe how they will use what they learned in the future • Personalize their commitment to make responsible decisions to reduce their risk of getting HIV, other STIs or becoming pregnant

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